

Life Goals



What are your 3 main priorities for your life over the next 3 months? You will work on prioritizing and developing action items for each of them from what you learn in this group.

MAIN GOAL 1	ACTION STEPS
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
DUE DATE:	<input type="checkbox"/>
MAIN GOAL 2	ACTION STEPS
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
DUE DATE:	<input type="checkbox"/>
MAIN GOAL 3	ACTION STEPS
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
DUE DATE:	<input type="checkbox"/>

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Categories

What are your 3 main priorities for each of the categories below? You can work on prioritizing and developing action items for each of them.

PERSONAL	BUSINESS	HEALTH
FINANCES	RELATIONSHIPS	SPIRITUAL

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Future Vision

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Paint a future vision of your life to give you clarity and confidence for what's to come. Define and use what you learn in this group to work towards them each day.

WHERE DO YOU WANT TO BE IN 3 MONTHS?

HEALTH &
WEIGHT

QUALITY OF
LIFE

WHERE DO YOU WANT TO BE IN 6 MONTHS?

HEALTH &
WEIGHT

QUALITY OF
LIFE

WHERE DO YOU WANT TO BE IN 1 YEAR?

HEALTH &
WEIGHT

QUALITY OF
LIFE

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